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**Maintain the Club**

Follow these simple guidelines

- Obtain project information
- Conduct regular organizational and project meetings
- Allow youth to make decisions
- Provide learning-by-doing activities
- Share information about current 4-H opportunities
- Involve club members in district, state, national and international 4-H activities
- Recognize achievement
- Build community relations
- Receive support as needed from Extension educator and other 4-H leaders

4-H is the Youth Development Program of your Land Grant university, the University of the District of Columbia/UDC. There are no membership fees to belong to 4-H. 4-H is conducted locally by the City Extension Office and caring Volunteers.

If you would like more information about 4-H, contact the District of Columbia 4-H office:

**Rebecca Bankhead, MS**
4-H State Program Leader
E-mail: rbankhead@udc.edu
(202) 274-7081
FAX: (202) 274-7130
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**Mailing address:**
University of the District of Columbia
College of Agriculture, Urban Sustainability and Environmental Sciences, **CAUSES**
Building 44, Room 120
4200 Connecticut Avenue, NW
Washington, DC 20008

**Office Location:**
University of the District of Columbia
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In cooperation with the US Department of Agriculture, District of Columbia Government, Cooperative Extension Service, Agricultural Experiment Station, programs and employment opportunities are available to all people regardless of race, color, national origin, gender, religion, age disability, political belief, sexual orientation, marital status or family status.
**STEP 1**

**Get Started**
- Contact the 4-H office
- Discuss your needs
- Decide what you want to accomplish
- Attend 4-H leader training

**STEP 2**

**Increase Community Awareness About & Interest in the 4-H Program**
- Conduct an informational meeting (ask representatives for assistance)
- Excite youth and their families about 4-H
- Explain opportunities available through 4-H
- Ask youth and adults to share 4-H experiences
- Explain how a 4-H club operates
- Build interest and commitment

**STEP 3**

**Establish A Support Base for the Club**
- Ask adults and older teens to help
- Personally ask people to take active roles
- Recruit parents, other adults and older teens in the community as:
  - Organizational leaders
  - Assistant leaders
  - Project leaders

**STEP 4**

**Conduct Club Organizational Meetings**

*Lay the foundation for a successful club*
- Encourage members to select a club name
- Complete enrollment forms
- Develop a club annual plan
- Set up project groups
- Establish meeting times
- Discuss ground rules
- Elect officers

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**4-H pledge**

I Pledge:
- My **HEAD** to clearer thinking,
- My **HEART** to greater loyalty,
- My **HANDS** to larger service, and
- My **HEALTH** to better living,

for my club, my community, my country and my world!