Thank you, Senior Volunteers!
The Institute of Gerontology
honored its senior volunteers, thanking
them for another year of service at the 34th
Annual Senior Volunteers Recognition Day. The Senior and Respite Aide programs help to preserve the independence of DC residents, supporting low income and disabled persons 55 years and older with high quality and compassionate volunteer service. “Just because you’re retired does not mean you don’t have anything to do,” said UDC President Dr. James Lyons in his keynote address. MORE

Urban Gardening Project with Edmund Burke School
With the help of 9th grade students from the nearby Edmund Burke School and UDC Garden Club Coordinator Coy McKinney, there will soon be a hyper-local place for UDC students, faculty, staff, and neighbors to grab locally grown, organic food -- on campus! MORE

Visit the UDC Farmers Market!
The UDC Farmers Market launched for the season on May 17. The farmers market, which offers fresh, local food to the Van Ness neighborhood in Northwest Washington, is located at 4340 Connecticut Ave., in front of the David A. Clarke School of Law and will be open Saturdays from 8:00 a.m. – 2:00 p.m., until mid-November, so stop by! MORE

Associated Press TV was on hand for one of the gardening sessions to talk to Coy about the booming millennial gardening and farming movement. Watch the video!

USDA Specialty Crop Block Grant Program
USDA announced the availability of $66 million in Specialty Crop Block Grants to state departments of agriculture for projects that help support specialty crop growers, including locally grown fruits and vegetables, through research, programs to increase demand, and more. The total available funding for DC is $221,328.44. CAUSES expects to award multiple grants under this program. Applications are due by Friday, June 13, 2014. MORE

CAUSES featured in National Geographic
Urban Farming is not just a trend, but is here to stay. It has to be, with the nation's immense population growth juxtaposed with the decline of farms and farmers. In “Urban Farming Yields Fresh Foods, Land Reuse,” published in the May 2014 issue of National Geographic, Dean O’Hara explains the strides CAUSES has undertaken to address how to grow food in urban areas, and how to teach people to cook and eat fresh food. MORE

Healthy Recipes: Waldorf Salad and Raw Vegetable Salad
Temperatures are rising this time of the year, so cool down with two healthy salad recipes, courtesy of Chef T from the CAUSES Center for Nutrition, Diet and Health. MORE

ANNOUNCEMENT:
Keep track of CAUSES events at http://calendar.udc.edu (select CAUSES)!

For more information on CAUSES visit www.udc.edu/causes or contact Leslie Malone at leslie.malone@udc.edu.
Our Mission - The College of Agriculture, Urban Sustainability and Environmental Sciences (CAUSES) of the University of the District of Columbia (UDC) offers research-based academic and community outreach programs that improve the quality of life and economic opportunity of people and communities in the District of Columbia, the nation and the world.

The Center for 4-H and Youth Development
4-H is the nation’s largest youth development organization and can be found throughout every state in the U.S. Historically, 4-H programs have been popular in rural areas for their agriculture and animal husbandry focus, but DC’s 4-H has a distinctly urban flair. Under the leadership of Rebecca Bankhead, the Center for 4-H and Youth Development offers a variety of programs promoting a positive youth experience. MORE

Operation Military Kids
The 4-H Operation Military Kids program is the U.S. Army's collaborative effort with America's communities to support children and youth impacted by deployment. Regardless of whether families are experiencing deployment for the first time or another in a series of separations, OMK seeks to connect military children and youth with local resources in order to achieve a sense of community support and enhanced well-being. MORE

Health Rocks!
Across DC, youth ages 8-14 are learning to make healthy lifestyle choices and valuable life skills, while raising self-confidence through the 4-H Health Rocks! This healthy living program strives to reduce tobacco, alcohol and drug use among DC’s youth. Carlita Law is the coordinator for D.C.’s Health Rocks! MORE

4-H STEM
4-H STEM consists of specialized programs designed to introduce and encourage participation in Science, Technology, Engineering, and Math disciplines among DC youth. 4-H STEM works collaboratively with UDC's STEM Center. Rachel Perry is the 4-H extension agent. MORE

4-H Clubs
Diego Lahaye coordinates several photography and film clubs for students throughout DC. He not only teaches students how to create photos, he aims to show them how to think differently about the senses by creating photos at different angles. The students frequently take field trips around the city to explore our nation’s history through photography. MORE

LifeSmarts Consumer Education for Teenagers
The LifeSmarts Consumer Education for Teenagers Program creates savvy consumers and develops marketplace skills among teens in a fun and engaging format. Complementing high school curricula, LifeSmarts is run as a game-show style competition for 9th through 12th grade students. Jaime Brown is the 4-H extension agent who coordinates the program. MORE

DC Students Place in National EnvironMentors Fair
The Center for 4-H and Youth Development, along with the National Council for Science and the Environment (NCSE) EnvironMentors, has announced the winners of the State Science Fair for the District of Columbia. These DC winners also placed in the national competition: Xiu Chen, Beza Dagnachew, and Tianna Solomon. Congratulations to the young scientists! MORE

Visit the Center for 4-H and Youth Development online at www.udc.edu/causes, or contact: Rebecca Bankhead at rbankhead@udc.edu.

Visit us at udc-causes.blogspot.com