CAUSES Partners with Arcadia Mobile Market

CAUSES and the Arcadia Center for Sustainable Food & Agriculture have partnered to provide DC residents with two new mobile market locations. The markets will run until September and will focus on bringing fresh fruits and vegetables to some of DC’s most underserved residents who have little access to healthy food choices. MORE

Lincoln Heights Project a Success for CAUSES Students

Last month, the first group of UDC students who collaborated on an integrated research project with Go Dutch presented their work titled “Raising the Heights” to representatives of the Deputy Mayors Office for Planning and Economic Development and the DC Housing Authority, using an integrated approach to address the needs of people living in Lincoln Heights, an underserved neighborhood in Ward 7. MORE

Architecture Prof. Visits China

Assistant Prof. of Architecture, Kathy Dixon, recently returned from a 10-day trip to China. Prof. Dixon was part of a delegation of architecture and planning professionals who visited Beijing, Shanghai and the Yunnan Province, to study housing and explore options for continuing engagement in sustainability initiatives in the region. MORE

UDC Nursing FAQ

UDC offers several nursing programs at the Community College and the flagship Van Ness campus. The nursing career ladder has five programs, including the Bachelor of Science in Nursing (RN-BSN). MORE

Bodywise Program Featured on International Morning Show!

Bodywise, a popular program offered by the Institute of Gerontology designed to promote health, wellness and fitness for DC residents over 60, was recently featured in this exercise news story for the “Saudi Good Morning” program! Watch it on YouTube. MORE

Summer Recipes from CNDH

Need cooking ideas for summer produce? Here are a few healthy recipes, courtesy of Chef Herb Holden of the CAUSES Center for Nutrition, Diet and Health: tomato asparagus salad, watermelon salad and asparagus soup. MORE

Around CAUSES

1) Ycov Assa joins WRRI as a lab tech; 2) Architecture major Theo Willhite works with the National Youth Leadership Forum; 3) Read "My Cautious 180 Degree Turn-Around on UDC" in the Forest Hills Connection. MORE

ANNOUNCEMENTS:

Can’t keep track of everything? Consult the CAUSES calendar at http://calendar.udc.edu!
And don’t forget to visit the Farmers Market on Saturdays from 8:00 a.m. — 2:00 p.m., in front of the David A. Clarke School of Law!

For more information on CAUSES visit http://www.udc.edu/causes or contact Leslie Malone at leslie.malone@udc.edu.

Read JUST CAUSES online at udc-causes.blogspot.com

Our Mission - The College of Agriculture, Urban Sustainability and Environmental Sciences (CAUSES) of the University of the District of Columbia (UDC) offers research-based academic and community outreach programs that improve the quality of life and economic opportunity of people and communities in the District of Columbia, the nation and the world.
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Meet the Expert: Che Axum
Che Axum is the Director of the CAUSES Center for Urban Agriculture and Gardening Education, where he leads a team of researchers at the Muirkirk Research Farm and oversees UDC’s Master Gardener, Specialty and Ethnic Crops and Urban Forestry programs.

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Solar at the Farm
Muirkirk Farm is experimenting with solar energy to access groundwater. The project is using solar energy to produce electricity to extract groundwater for food production use. MORE

Going Native in Your Garden
In the flora world, why are our homegrown flowers continually overlooked and at what cost? The answer to that question requires a closer look at ecology on a local, regional and even international scale, as Mary Farrah explains. MORE

CAUSES TV
The Center for Urban Agriculture has been featured several times on CAUSES TV:
- Ethnic Crops, Shrubs & Invasive Plants
- Composting and Recycling
- Preparing for Spring Gardening
- Urban Food Production
- 4-H STEM Camp at the Farm

Check out the CAUSES TV playlist on the UDCCableTV channel: www.youtube.com/user/UDCCableTV

All About Muirkirk Research Farm
You’ve read about Muirkirk Research Farm many times in Just CAUSES, but there is so much more to know! For starters, its formal name is the Muirkirk Agricultural Experimentation Station and the overall goal is to research and test techniques in sustainable and organic agriculture, applying them to an urban agricultural setting. MORE

Experiment: Small Scale Rice Production
One of the latest experiments being conducted at the UDC farm is rice research. Nazirahk Amen ND, has planted dry land rice to test the feasibility of small-scale rice production that produces less carbon, which contribute to climate change. This is no easy feat in Beltsville, which has a humid subtropical climate. MORE

UDC Celebrates National Pollinator Week
June 16-22, 2014, was “National Pollinator Week,” deemed such to raise bee health awareness by addressing the decline of pollinator populations (i.e. bees, butterflies, bats and beetles). In partnership with The SEED School, the UDC Master Gardener Program celebrated by planting a pollinator garden as part of the Bayer Bee Care Program. MORE

UDC Farm in the Washington Post!
The Washington Post
Muirkirk Farm was featured in the Washington Post in the article "UDC’s research farm embraces multiple missions: grow, teach and discover." The article highlights are experimental growing techniques and our partnership with the Hay-Adams Hotel. MORE

Visit the Center for Urban Agriculture and Gardening Education online at www.udc.edu/causes or for more information or contact:
- Che’ Axum, Muirkirk Farm—mchezaji.axum@udc.edu
- Sandra Farber, DC Master Gardener Program—sfarber@udc.edu
- Yao Afantchao, Ethnic Crops—yafantchao@udc.edu
- Mary Farrah, Urban Gardening and Forestry Outreach—mfarrah@udc.edu

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